

# Depth Psychotherapy Learning Community



Are you hungry for growth, learning, or inspiring community?  
Are you feeling bored or stagnant in your work as a therapist?

You are invited to a learning community-based program designed for new and seasoned clinicians alike to gain support, mentoring, consultation, and collaborative group discussion reflecting on ourselves, our work, and on working with clients from a depth psychology perspective. Each month we'll have an area of focus to explore our work, ourselves, and our relationship to our work. At the beginning of the month, we'll have a didactic presentation and discussion on the topic. The second meeting of the month will be focused on applications and further reflections on the topic with case consultations.

Rather than focusing on difficult or problematic clients, situations or a particular modality, we'll focus on expanding ourselves and our work to gain a larger perspective from a depth-oriented lens.

Community members are welcome to join in person or over Zoom with an 8-week seasonal commitment. The group will be hybrid in-person and online to accommodate for differing needs, locations, and travel.

## Fall Offerings

**Dreamwork** - Utilizing a Symbolic and Archetypal lens to understand the messages from the unconscious brought forth in dreams, ceremony, psychedelics, and everyday life experiences

**The Relational Field** - working with transference, countertransference, conscious, and unconscious processes in therapy

**Alchemy** - stages of transformation facilitated by tending to the proper ingredients at the right time with the right action

**Stories, Myths, and Fairy Tales** - finding the universal human patterns playing out in our client's lives and how it can direct us where to go next

## Potential Spring Offerings

Here are some topics and themes we will co-create our agenda from:

Navigating the Influence and Interplay between the Collective/Systemic vs Individual path of Growth and Individuation

Our Clients Need to Grow and Evolve - So Do We

Typology and Stages of Life of Ourselves and Our Clients

Bridging Evidence-Based Practices with Transpersonal Soul Work

Initiation, Ritual, Ceremony as a Transformational Vessel

Uncovering our Own Parts, Complexes, and Resistances to Depth Work

Developing Relationship with Nature as a Co-Therapist

Integrating Somatic, Cognitive, Emotionally Focused and Transpersonal Orientations

For more details and topic descriptions visit: [bit.ly/ILA-DPLC](https://bit.ly/ILA-DPLC) or scan QR below



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2x/Month Mondays 12:10-1:40  
Fall 2024 and Spring 2025

